

## Short Symptom Checklist for Lyme Borreliosis

Name, first name..... Date: .....

| ▶  | Actual and former symptoms: Please mark with a cross                  | X |
|--|---|---|
| 1  | Former or recent tick bite  |   |
| 2  | Former or recent bull´s eye rash                                      |   |
| 3  | Summer flu after tick bite  |   |
| 4  | Fatigue/Malaise/Lethargy  |   |
| 5  | Loss of physical/mental capacity, general weakness                    |   |
| 6  | Neck-pain, neck stiffness   |   |
| 7  | Headache  |   |
| 8  | Painful joints, swollen joints  |   |
| 9  | General aches and pains, tendon problems                              |   |
| 10   | Muscle pain, muscle weakness  |   |
| 11   | Fever, feverish feeling, shivering                                    |   |
| 12   | Ears: intermittent red, swollen earlap                                |   |
| 13   | Heart problems, disturbance of cardiac rhythm                         |   |
| 14   | Cough, expectoration, breathlessness                                  |   |
| 15   | Night sweat   |   |
| 16   | Sleeplessness, waking up around ..... am / pm                         |   |
| 17   | Tinnitus  |   |
| 18   | Swollen lymph nodes   |   |
| 19   | Numbness of the skin  |   |
| 20   | “Burning” or “pins and needles” skin sensations, painful sole or foot |   |
| 21   | Back pain, back stiffness   |   |
| 22   | Muscle pain, muscle weakness  |   |
| 23   | Shivering, chill  |   |
| 24   | Blurred, foggy, cloudy, flickering, double vision                     |   |
| 25   | Aggressiveness, drowsiness, panic attacks, anxiety, mood swings       |   |
| 26   | Concentration problems, short-term memory loss, forgetfulness         |   |
| 27   | Skin partly thin, paper-like, transparent, dry                        |   |
| <b>Total number of symptoms for Lyme Borreliosis</b> |   |   |

Antibiotics? When? Which one(s)? How long?

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